



JUNIOR COMPETITION TIMING RULES – GRAND FINALS

50 MINUTE TIMING RULES USED WITH 1 HOUR SCHEDULING

- 2 x 20-minute periods and 2 minutes for half time
- A maximum of two time-outs per half per team
- All Timeouts are for one minute in duration
- Clock stops in the last minute of the first period for all whistles
- Clock stops in the last two minutes of the second period for all whistles

OVERTIME

- In the case of a draw at the end of two periods, teams will play an additional 5 minute 'overtime' period.
- A maximum of one time-out per team
- Clock stops for time-outs during overtime
- Clock stops in the last two minutes of the extra period for all whistles
- Team foul count continues from the second half